## Extract from Hansard

[COUNCIL — Thursday, 9 November 2023] p6098b-6098b Hon Dr Brian Walker; Hon Samantha Rowe

## CANNABIS — EXERCISE

## 1398. Hon Dr BRIAN WALKER to the parliamentary secretary representing the Minister for Sport and Recreation:

I refer the minister to a recent paper published by neurologists from Colorado and published in the journal *Cannabis and cannabinoid research*, which suggests that cannabis use, up to and including acute cannabis use, may be associated with more positive exercise engagement and outcomes.

- (1) Is the minister aware of this research, particularly the conclusions drawn, which suggest that participants in the study experienced fewer negative effects as a result of exercise, better measured outcomes and a greater sense of enjoyment, alongside lower pain levels?
- (2) If the minister is committed to better exercise and sporting outcomes for all Western Australians, how might this research influence departmental policy going forward?

## Hon SAMANTHA ROWE replied:

I thank the honourable member for some notice of the question. I provide the following answer on behalf of the Minister for Sport and Recreation.

(1)–(2) It is important that Western Australia is aligned to the national and international legislation and policy regarding the use of drugs in sport. The Sport Integrity Australia Act 2020, the Sport Integrity Australia Regulations 2020 and the Australian National Anti-Doping scheme provide the national legislative framework under which states and territories must act.

The minister is committed to better exercise and sporting outcomes for all West Australians, as evidenced by the \$20 million increase per year to the community sporting and recreation facilities fund and the doubling of KidSport vouchers to \$300.